

## WOULD YOU LIKE TO TALK TO SOMEONE FOR SUPPORT?

- Are your decisions about drugs and alcohol causing you or others concern?
- Are you experiencing difficulties with drugs and/or alcohol?
- Are you concerned about someone else's drug and/or alcohol use?
- Is someone else's drug and/or alcohol use affecting you?

## OUR SERVICE CAN HELP

We offer...

- Confidential 1:1 support for children and young people up to the age of 25, at a location and time that is safe and convenient for you
- Specialist advice, guidance and information on substance misuse, including if you are being affected by someone else's misuse
- Specialist advice and support about how to reduce the risks associated with substance misuse

## CONTACT US IN CONFIDENCE:

Freephone: **0800 088 7248** 

Email: compasswarwickshire@compass-uk.org

Text: (Chathealth): 07507 331525

Opening hours: Monday - Thursday 9am - 5pm,

Friday 9am - 4:30pm





