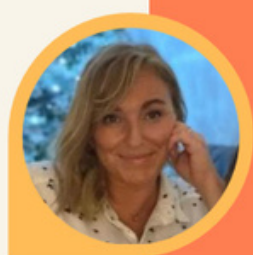


HEADSUP4HTS PEER SUPPORT PROGRAMME



Well-being support for Headteachers in Warwickshire

**100% of our
Headteachers
would
recommend
the
programme to
another
Headteacher**



“This has been so positive. Kate and the group have been supportive, talked, listened, shared and enabled real conversations. It has been inclusive and such a valuable use of time and a wonderful experience. I feel like we have made real connections as a group and will maintain this in the future.” - Kirstie Willis



“Such a positive and uplifting hour a week which was brilliantly facilitated by Kate. Enjoyed the trusting, open and totally authentic contributions made by everyone in the group - I feel like I have made new fabulous friends and colleagues.” - Katie Gane

Commitment from Warwickshire to support their Headteachers

- 6 weeks of HeadsUp4HTs facilitated peer support sessions
- Creating a culture: Peer support – Peer celebration – reconnect with purpose
- Sustainable: groups continue with facilitation from Warwickshire HTs
- HeadsUp4HTs will train the Warwickshire facilitators and provide on-going support

What's involved?

- One session per week
- Groups of up to 15
- Informal conversation, active listening, peer appreciation and celebration
- Confidential, a safe space to be authentically you.

Your contribution?

- Attend as many sessions as you can
- Be authentically you
- Be active in your listening and in your contribution
- Be open to being peer coached and supporting others

**6 WEEK PROGRAMME STARTS
11TH JANUARY 2-3PM
ALL HEADTEACHERS WELCOME**

**SIGN UP
NOW**

