

Autumn 2020

Supporting well-being and mental health - learning from the pandemic

Adults, children and young people alike will have been affected by this pandemic and we are needing to adapt and learn about ways we can continue to support ourselves, each other, the children and their families.

Warwickshire Educational Psychology Service has developed a webinar that will focus on principles that promote resilience, well-being and mental health for staff, parents/carers and children in the early years.

The webinar will aim to:

- Consider the impact on the pandemic on well-being and mental health
- Identify how we can continue to promote children's well-being and readiness for learning and growth
- Consider how we can continue to promote staff/parent/carer wellbeing and resilience
- Identify and manage mental health needs affecting children through COVID-19

The Webinars will be delivered over 3 dates via Microsoft Teams:

Wednesday 9th December 2020 – 6.30pm-8.30pm

Wednesday 6th January 2021 – 6.30pm-8.30pm

Monday 18th January 2021 – 1.00-3.00pm



FREE

This training is FREE— Places are limited and you may book up to two members of staff only for these Webinars, additional delegates on request.

Dates and times are available to book on the website, if you have any queries please contact

admin.wey@welearn365.com.

www.warwickshireearlyyears.co.uk