Educaterers Lunch Menu Week 1 – w/c Mondays 6/11, 27/11, 18/12, 8/1/18, 29/1, 12/3, 23/4.

Mondau





(v) Cheesy Tomato Risotto (D.)





Pork Sausages (G.SU)

Chicken Fillet in a Bun (S.G.)

or

Tuna Pasta Bake (D.F.G.)





Roast Pork



(v) Veggie Sausages (G.SU.SB)

Thursdau



Chicken Pie (D.G.)



(v) Breadcrumbed Vegetable Fingers (G.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)



(v) Jacket Potato with Cheese and Beans (D.)



(v) Cheese Baguette (G.S.D.), Strawberry Swirl Mousse (D.), Juice Carton



Ham Sandwich (SB.G.S.), Organic Yoghurt (D.) Raisin Pot, Juice Carton



Chicken Wrap (G.), Iced Mandarin Sponge (G.E.) Milkshake (D.)



Pork Sausage Baguette (G.S.SU.D.), Ginger Cookie (G.) Raisin Pot, Milkshake (D.)



Tuna Mayonnaise Sandwich (G.SB.S.F.E.D.M. Chocolate Flapjack (G.SU.SB.D.), Juice Carton

Week 1 Dessert Menu

Everyday we offer (v) Yeo Valley organic yoghurt, (D.) and fresh fruit as alternative options

Monday

- (v) Strawberry Swirl Mousse (D.) or
- (v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

Tuesday

- (v) Chef's Homemade Fruit Crumble of the Day (G.) with Custard (D.) or (v) Ice Cream Tub (D.)
- Wednesday
- (v) Homemade Iced Mandarin Sponge (G.E.)

Thursday

- (v) Whip with Fruit in Juice (D.) or
- (v) Homemade Ginger Cookie (G.)

Friday

(v) Homemade Chocolate Flapjack (G.SU.SB.D.)

PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or a Salad Pot

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

Key

V = vegetarian D = Dairy

N = Coconut

S = Sesame E = Egg

SB = Soya SU = Sulphites









Battered Fish Fillet (G.F)





(v) Vegetable Burrito (D.G.)

or

G = Gluten/Wheat

F = Fish

M = Mustard



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Menu may change to meet customer preferences.